



Mississippi Pharmacists Association

2026 Fall Consultant Seminar

Thursday, September 24, 2026

Farm Bureau Building
6311 Ridgewood Rd
Jackson, Mississippi

Agenda

7:30 am – 8:00 am

Registration

8:00 am – 9:00 am

1 hour CE

Title: **Antimicrobial Stewardship Opportunities in Long-Term Care**

Speaker: David Cretella, PharmD, BCIDP

Clinical Pharmacy Specialist

Department of Pharmacy Services

University of Mississippi Medical Center

Jackson, MS

Learning Objectives:

1. Identify opportunities to improve antimicrobial use in elderly patients with skin and soft tissue infections and those receiving prophylactic antibiotics
2. Evaluate appropriateness of antibiotic regimens for these infections
3. Differentiate between asymptomatic bacteriuria and urinary tract infection
4. Apply principles of antimicrobial stewardship in geriatric care settings
5. Communicate recommendations to providers

ACPE UAN: 0032-9999-26-012-L01-P

A knowledge-based continuing education activity

9:00 am – 10:00 am

1 hour CE

Title: **Mississippi Board of Pharmacy Updates**

Speakers: Megan Guillot, PharmD; James Ramsey, PharmD

Compliance Agents

Mississippi Board of Pharmacy

Jackson, MS

Learning Objectives:

1. Summarize the Mississippi Board of Pharmacy inspection process.



Mississippi Pharmacists Association

2. Discuss requirements for consultants for multi-provider clinics and surgery centers vs long-term care consultants.
3. Review drug diversion awareness and prevention measures.
4. Discuss key updates on regulations from the Mississippi Board of Pharmacy.

ACPE UAN: 0032-9999-26-014-L03-P

A knowledge-based continuing education activity

10:00 am – 10:15 am

Break

10:15 am – 11:45 am

1.5 hours CE

Title: Balancing Minds and Medications: Tackling Anxiety and Depression in Later Life

Speaker: Jennifer R. Bean, PharmD, BCPS, BCPP, FAAPP

Clinical Pharmacist Practitioner - Geriatric Mental Health

VA MidSouth Healthcare Network (VISN 9) Clinical Resource Hub

U.S. Department of Veterans Affairs

Learning Objectives:

1. Identify the prevalence, clinical presentation, and risk factors for depression and anxiety disorders in older adults
2. Differentiate between symptoms of normal aging, cognitive impairment and mood or anxiety disorders.
3. Evaluate current guideline-recommended pharmacologic and nonpharmacologic treatment strategies for late-life depression and anxiety.
4. Assess common pharmacotherapy challenges in older adults, including polypharmacy, drug–drug interactions, and dose adjustments for renal and hepatic dysfunction.
5. Recommend individualized treatment plans that optimize efficacy and minimize adverse effects in older adults.
6. Discuss how to collaborate with interprofessional care teams to monitor treatment response, adherence, and safety outcomes in geriatric mental health management.

ACPE UAN: 0032-9999-26-013-L01-P

A knowledge-based continuing education activity

11:45 am - 12:15 pm

Lunch

12:15 pm – 2:15 pm

2 hours CE

Title: Appendix PP and the Role of the Consultant Pharmacist

Speaker: Brian Bell, RPh

Consultant Pharmacist, Brian Bell Consulting

West Monroe, Louisiana

Learning Objectives:

1. Describe the role and expectations of the consultant pharmacist.



Mississippi Pharmacists Association

2. Describe the standards and policies of the Centers for Medicare and Medicaid Services (CMS) State Operations Manual and how they apply to the consultant pharmacist in the long-term care (LTC) setting.
3. State the duties of consultant pharmacists when assisting LTC facility staff to navigate and meet the expectations of the survey teams to improve drug therapy outcomes for patients.
4. Recall the most recent CMS updates and guidance issued to surveyors and the LTC community.
5. Discuss how to implement changes and policies that can be an asset for the LTC facility staff and patients.

ACPE UAN: 0032-9999-26-015-L03-P

A knowledge-based continuing education activity

2:15 pm – 2:30 pm

Break

2:30 pm – 4:00 pm

1.5 hours CE

Title: Diabetes Management in Older Adults: Practical, Patient-Centered Strategies

Speakers: Rebecca Heath, PharmD; Courtney Davis, PharmD

Department of Pharmacy Practice

University of Mississippi School of Pharmacy

Jackson, MS

Learning Objectives:

1. Describe age-related physiologic changes and geriatric syndromes that influence diabetes management in older adults residing in long-term care facilities.
2. Compare current guideline-based treatment approaches for type 2 diabetes in older adults to that of the general population, including appropriate glycemic targets based on functional status, comorbidities, and life expectancy.
3. Evaluate the risks and benefits of common antihyperglycemic agents in the long-term care population, with emphasis on hypoglycemia risk, renal dosing, weight changes, and treatment burden.
4. Apply evidence-based strategies to simplify diabetes regimens in older adults, including deprescribing and insulin de-intensification when clinically appropriate.
5. Identify indications, ordering requirements, practical considerations, and coverage considerations for continuous glucose monitoring (CGM) in older adults, including Medicare and long-term care-specific barriers.
6. Interpret CGM data to support clinical decision-making in older adults, including identification of hypoglycemia patterns, time-in-



Mississippi Pharmacists Association

range goals appropriate for geriatric patients, and opportunities for regimen simplification.

ACPE UAN: 0032-9999-26-010-L01-P

A knowledge-based continuing education activity

4:00 pm – 5:00 pm

1 hour CE

Title: **New Rules, Lower Pressure: A Review of Changes in the 2025 AHA/ACC Hypertension Guidelines**

Speaker: Nicholas B. Yarbrough, PharmD

Acute Care Clinical Pharmacy Practitioner

G.V. (Sonny) Montgomery VA Medical Center, Jackson, MS

Learning Objectives:

1. Identify key updates and changes in the 2025 AHA/ACC hypertension guidelines.
2. Discuss guideline-recommended antihypertensive pharmacotherapy, including first-line agents, combination therapy, and therapy intensification.
3. Evaluate patient-specific factors to individualize hypertension treatment plans.
4. Evaluate therapeutic response and safety (*i.e.*, laboratory parameters and adverse effects) to ensure optimal and safe pharmacotherapy.
5. Recommend evidence-based non-pharmacologic interventions and patient counseling strategies to improve blood pressure control.

ACPE UAN: 0032-9999-26-011-L01-P

A knowledge-based continuing education activity

The University of Mississippi School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. Upon successful completion of these knowledge-based continuing education activities, and completion of the program evaluations, registrants will have continuing pharmacy education credit posted to the MyCPE Monitor website (www.mycpemonitor.net) within 60 days of this program. This program has been approved for up to 8 contact hours (0.8 CEU) by the University of Mississippi School of Pharmacy, Division of Pharmacy Professional Development. Potential conflicts of interest will be disclosed at the beginning of the program.

